

## AGI's Lassner Institute of Learning: Courses for Family Members and Professional Caregivers

**AGI offers Montreal's most in-depth curriculum for learning about caring for someone who has dementia.**  
From courses that teach basic knowledge and principles for interaction, to specialized trainings that focus more in-depth on particular issues in dementia caregiving, AGI has a course for every caregiver (family members and professionals) at every step along the way.  
**Attestations for LPN licensing hours will be provided upon request.**

## Le Lassner Institute of Learning d'AGI Cours pour les membres de la famille et les aidants professionnels

**AGI offre la formation la plus poussée sur les soins à apporter aux personnes atteintes de démence.**  
Qu'il s'agisse de connaissances de base et de principes d'interaction, ou de formation plus spécialisée qui traite d'enjeux particuliers aux soins à la démence, AGI offre un cours qui convient à chaque aidant (membres de la famille ou professionnels) à toutes les étapes de la maladie.  
**Ces cours peuvent servir à la formation en soins infirmiers auxiliaires.**

## Les cours d'automne —2017— Fall Training courses

### Managing your Stress as a Caregiver

**Wednesday, October 18**  
10 am - 1pm

"You need to take care of yourself."  
This common advice for caregivers is often given but rarely taken, because we simply don't know how. This course will explore the dangers of Compassion Fatigue and Burnout, ways to prevent them, and steps to treat them when they occur. **Cost \$40**

### Meaningful Activities for People with Dementia

**Friday, October 27**  
Part 1: 9:30 am - 1pm  
**Friday, November 3**  
Part 2: 9:30 am - 1pm

This 7-hour course provides home caregivers with the skills to be successful planning for meaningful activities at home and teaches an activity mind-set that gets necessary tasks done. **Cost \$80**

### AGI's Alzheimer 101

**Tuesday, November 14**  
Part 1: 9:30am - 1:30pm  
**Tuesday, November 21**  
Part 2: 9:30am - 1:30pm

This popular 8-hour course teaches basic principles in dementia caregiving. Understand how dementia affects the brain, how to communicate, interact, adapt to behavioural challenges and diffuse challenging situations. **Cost \$90**

### Communication Skills Workshop

**Thursday, November 16**  
10am-1pm

It is estimated that in the early stages of Alzheimer's, individuals understand about one in four of the words they hear. Given such serious language impairment, how can we communicate effectively? This 3-hour course provides participants with the tools needed to make meaningful communication a reality. **Cost \$40**

### Alzheimer 101 (Cours en Français)

**Mardi, 28 novembre**  
Partie 1 : 9h à 13h  
**Mardi, 5 décembre**  
Partie 2 : 9h à 13h

Ce cours de 8 heures enseigne les principes de base dans les soins de troubles de mémoire et autres troubles connexes. Vous allez comprendre comment la démence affecte le cerveau, comment communiquer, interagir et s'adapter aux défis comportementaux et gérer ces situations difficiles. **Cout \$90**

### Become an Expert with Daily Care

**Friday, December 8**  
10am-1pm

One of the hardest challenges for caregivers is hygiene and Activities of Daily Living (ADLs). This 3hr course will introduce practical tips for daily care including dressing, toileting, and bathing. Participants will work together to become comfortable with the Positive Physical Approach. **Cost \$40**

## To Register/ Pour s'inscrire:

**514.485.7233 or/ou info@agiteam.org**

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www.agiteam.org**