

AGI's Lassner Institute of Learning: Courses for Family Members and Professional Caregivers

AGI offers Montreal's most in-depth curriculum for learning about caring for someone who has dementia. From courses that teach basic knowledge and principles for interaction, to specialized trainings that focus more in-depth on particular issues in dementia caregiving, AGI has a course for every caregiver (family members and professionals) at every step along the way.

Attestations will be provided, upon request, for LPN licensing hours.

Spring/Summer 2017

AGI's Alzheimer 101

Thursday, May 11

9:30 am-1:30pm

Thursday, May 18

9:30 am-1:30pm

This popular 8-hour course teaches basic principles in dementia caregiving. Understand how dementia affects the brain, how to communicate, interact, adapt to behavioural challenges and diffuse challenging situations. **Cost \$90**

Alzheimer 101 d'AGI

Mardi, 30 mai

9h30 à 13h30

Mardi, 6 juin

9h30 à 13h30

Ce cours très populaire de 8 heures enseigne les principes de base dans les soins de troubles de mémoire et autres troubles connexes. Vous allez comprendre comment la démence affecte le cerveau, comment communiquer, interagir et s'adapter aux défis comportementaux et gérer ces situations difficiles. **Cout \$90**

Empathy Curiosity Workshop

Thursday, June 1

10am-1pm

Do less, listen more. In this 3-hour course, we explore the concept of empathic curiosity and share techniques and strategies for putting it into practice, while still getting necessary tasks done.

Cost \$40

Communication Skills Workshop

Wednesday, June 7

10am-1pm

It is estimated that in the early stages of Alzheimer's, individuals understand about one in four of the words they hear. Given such serious language impairment, how can we communicate effectively? This 3-hour course provides participants with the tools needed to make meaningful communication a reality. **Cost \$40**

Managing your Stress as a Caregiver

Friday, June 16

10am-1pm

"You need to take care of yourself." This common advice for caregivers is often given but rarely taken, because we simply don't know how. This course will explore the dangers of Compassion Fatigue and Burnout, ways to prevent them, and steps to treat them when they occur. **Cost \$40**

Diffusing Extreme Emotional Reactions and Behaviours

Friday, July 21

10 am-2pm

Friday, July 28,

10 am-2pm

This 8-hour hands-on workshop allows caregivers to practice skills needed to calm catastrophic reactions and to understand and manage responsive behaviours. **Cost \$90**

To Register :

514.485.7233 or info@agiteam.org

Alzheimer Groupe AGI, 5555 Westminster, Suite 304, Montreal H4W 2J2

www.agiteam.org