



AGI's Lassner Institute of Learning provides excellence in dementia education and training to family caregivers and professional care providers.

AGI offre l'excellence en éducation de la démence et la formation aux proches aidants

Les cours d'hiver —2018 — Winter training courses

AGI's Alzheimer 101

Weekend Workshop
Saturday, January 27
9 am—4 pm

This popular course teaches basic principles in dementia caregiving. Understand how dementia affects the brain, how to communicate, interact, and adapt to behavioural challenges, as well as how to diffuse challenging situations. Lunch is included **Cost \$90**

Experiencing dementia through your senses

Thursday, February 15
10 am - 1 pm

This 3-hour workshop explores the five sensory changes associated with dementia. Through hands-on activities, participants will gain insight into how people living with dementia experience the world. **Cost \$40**

Managing your Stress as a Caregiver

Tuesday, February 27
1 pm - 4 pm

"You need to take care of yourself." This common advice for caregivers is often given but rarely taken, because we simply don't know how. This course will explore the dangers of Compassion Fatigue and Burnout, ways to prevent them, and steps to treat them when they occur. **Cost \$40**

Communication Skills Workshop

Thursday, March 1
6 pm - 9 pm

In the early stages of Alzheimer's, individuals understand about one in four of the words they hear. Given such serious language impairment, how can we communicate effectively? This 3-hour course provides participants with the tools needed to make meaningful communication a reality. **Cost \$40**

Diffusing Extreme Reactions and Behaviours

Friday, March 16
Part 1: 9:30 am—1:30 pm
Friday, March 23
Part 2: 9:30 am—1:30 pm

This 8-hour hands-on workshop allows caregivers to practice skills needed to calm catastrophic reactions and to understand and manage responsive behaviours. **Cost \$90**

AGI's Alzheimer 101

Friday, April 13
Part 1: 9:30 am—1:30 pm
Friday, April 20
Part 2: 9:30 am—1:30 pm

This popular 8-hour course teaches basic principles in dementia caregiving. Understand how dementia affects the brain, how to communicate, interact, and adapt to behavioural challenges, as well as how to diffuse challenging situations. **Cost \$90**

To Register/ Pour s'inscrire:

514.485.7233 or/ou info@agiteam.org

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